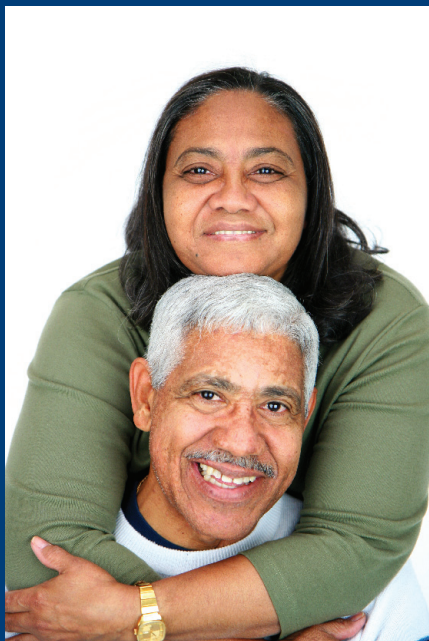


Senior NEIGHBORS



Senior Neighbors promotes the health and well-being of Kent County's older adults. We are committed to excellence in senior support services.

LOCATIONS

CENTRAL OFFICE

820 MONROE NW #460
GRAND RAPIDS, MI 49503
P - 616.459.6019
F - 616.459.6953

GRAND RAPIDS SENIOR CENTER

333 DIVISION AVE. S #100
GRAND RAPIDS, MI 49503
P - 616.459.3040

SPARTA SENIOR CENTER

HARVEST WAY, 100 IDA RED
SPARTA, MI 49345
P - 616.887.1273

GRANDVILLE SENIOR CENTER

3380 DIVISION AVE.
GRANDVILLE, MI 49418
P - 616.531.5250

WALKER FIREHOUSE CAFE'

4101 LAKE MICHIGAN DRIVE
WALKER, MI 49534
P - 616.735.3240

LOWELL SENIOR CENTER

314 SOUTH HUDSON
LOWELL, MI 49331
P - 616.897.5949

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

516 CHERRY SE #1
GRAND RAPIDS, MI 49503
P - 616.459.9509

www.SENIORNEIGHBORS.org

HOW WE HELP...

HOUSING

- Minor home repair and maintenance including safety related repairs and replacing smoke detectors
- Housing information and counseling

MEALS

- Nutritionally balanced lunches served at all senior centers
- Referral to area food pantries and food stamp application assistance

SUPPORT AND REFERRAL

- Caseworkers help with crisis situations such as discontinued utilities, eviction, abuse or neglect, and creating a support system
- Transportation assistance available through Go!Bus and City Bus tickets as well as buses located at some of our senior centers
- Medicare/Medicaid applications, trouble-shooting, and counseling
- Home Financial Services including tax preparation assistance and budget planning

WELLNESS

- Opportunities maximizing an individual's body, mind, and spirit
- Regular blood pressure checks, annual health tests and screenings available at our centers
- Social interaction, Trip Club, local outings, and activities
- Interesting and helpful classes including: exercise, line-dancing, computer skills, nutrition, and health education just to name a few

RETIRED SENIOR VOLUNTEER PROGRAM

- Volunteer opportunities for persons aged 55 and over



Senior Neighbors Inc. is funded in part by:
Individual Donations; Heart of West Michigan
United Way; Area Agency on Aging of Western
Michigan; Senior Meals Program; Kent County
Senior Millage; Townships of Sparta, Lowell,
Tyrone, Algoma, and Vergennes; Villages of
Sparta and Kent City; City of Grandville; Michigan Department
of Transportation; Michigan Office of Services to the Aging;
Corp. for National Community Service; Emergency Food and Shelter Program;
Older Americans Act



*Kent County
Senior Millage*

